

Little Hawks Hockey

Learn to Skate - Ages: 3 to 10 years old

Classes are designed to give the inexperienced skater a solid foundation for developing their hockey skating abilities. Our goal is to develop the students skating abilities to be able to promote them towards the first steps of learning to play hockey.

Class instruction includes: the basics for developing confidence in gaining balance and control of the young skater's abilities. The student will learn the art of a push and glide skating stride in a forward motion.

Equipment Requirements: USA approved hockey helmet, protective gloves, elbow pads, knee pads, hockey skates.

USA Hockey Registration: All participants must register on line with USA Hockey (free to those under 6 years old)

MinorHawks Hockey

Classes are structured to confidently teach the natural progression of skating and hockey fundamentals (shooting, passing, scoring, checking, team play etc.), through competitive drills designed with the student in mind. The goal is to develop the player's ability so as to promote him/her to future club and league play teams. There are two different levels of instructional classes designed to help develop the student towards playing on an "In-House" team.

Mini Hawks - Ages: 3 to 8 years old

For the NOVICE Skater: the student in this class is a Novice Skater. His/Hers skating abilities do not have to be exceptional, but they must

be able to stand with balance and perform Push & Glide Strides across the ice at a consistent rate.

Class Instruction includes: the development of proper balance and stopping, the basics of backward skating and some puck control. A number of competition drills verses other students will be introduced to help enhance student's competitive skills. Cross ice games will be used to help promote skill development.

Equipment Requirements: USA Hockey approved helmet & face mask, hockey stick, shoulder pads, hockey pants, protective loves, elbow pads, knee/shin pads, hockey skates and neck guard.

USA Hockey Registration: All participants must register on line with USA Hockey (free to those under 6 years old)

Mighty Hawks - Ages: 3 to 8 years old

For the INTERMEDIATE Skater: Students in this class must have the skating ability to confidently perform Right & Left turns, Snowplow stops, and almost go from a forward to backward skating stride.

Class Instruction includes: the further development of puck control, passing, shooting, and scoring. Skating skills for performing forward to backward pivots and lateral crossovers at quick speed are taught and developed. Skaters will be introduced to game like situations, through scrimmages and games.

In addition: Students in Major Hawks can now participate in drills for skills and play on a "Scooter" Pond Hockey team.

Equipment Requirements: USA Hockey approved helmet & face mask, hockey stick, shoulder pads, hockey pants, protective loves, elbow pads, knee/shin pads, hockey skates and neck guard.

USA Hockey Registration: All participants must register on line with USA Hockey (free to those under 6 years old)



Darien Sportsplex



Little Hawks Hockey Learn to Skate



MinorHawks Hockey Mini Hawks Mighty Hawks



Spring/Summer 2010 Schedule

Code#	Level	Day	Date	Time	R/NR Fee	*No Classes
719984-G	Learn to Skate	Sunday	Feb. 21-Mar. 28	8:10-9:00am	\$95/\$105	
719984-H	Learn to Skate	Sunday	Feb. 21-Mar. 28	9:10-10:0am	\$95/\$105	
719983-B	Mini Hawks	Sunday	Feb. 21-Mar. 28	10:10-11:00am	\$130/\$145	
719982-B	MightyHawks	Sunday	Feb. 21-Mar. 28	11:10-12:00pm	\$130/\$145	
729984-A	Learn to Skate	Sunday	Apr. 11-May 16	8:10-9:00am	\$95/\$105	
729984-B	Learn to Skate	Sunday	Apr. 11-May 16	9:10-10:0am	\$95/\$105	
729983-A	Mini Hawks	Sunday	Apr. 11-May 16	10:10-11:00am	\$130/\$145	
729982-A	MightyHawks	Sunday	Apr. 11-May 16	11:10-12:00pm	\$130/\$145	
729984-C	Learn to Skate	Sunday	May 23-July 11*	9:10-10:0am	\$95/\$105	* No class 5/30 & 7/4
729983-B	Mini Hawks	Sunday	May 23-July 11*	10:10-11:00am	\$130/\$145	* No class 5/30 & 7/4
729982-B	MightyHawks	Sunday	May 23-July 11*	11:10-12:00pm	\$130/\$145	* No class 5/30 & 7/4
729984-D	Learn to Skate	Sunday	July 18-Aug. 22	9:10-10:0am	\$95/\$105	
729983-C	Mini Hawks	Sunday	July 18-Aug. 22	10:10-11:00am	\$130/\$145	
729982-C	MightyHawks	Sunday	July 18-Aug. 22	11:10-12:00pm	\$130/\$145	

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